Break the Cycle

Because Everyone Deserves a Healthy Relationship

BACK 2 SCHOOL. A+ RELATIONSHIPS.
Despite growing numbers of youth openly disclosing that they identify as lesbian, gay, bisexual, transgender, queer or questioning (LGBTQ)* during their school-age years, LGBTQ* youth remain a vulnerable population across the nation.
17% of LGB high school students experience physical dating violence; that’s 2x more than their heterosexual peers

About 23% of LGB high school students experience sexual dating violence; that’s over 2x that of their heterosexual peers.

28% of LGB high school students report being electronically bullied

Almost 13% of LGB high school students did not go to school because they felt unsafe at or on their way to or from school.

LGB high school students reported being physically forced to have sexual intercourse **over 3x more than** their heterosexual peers.

About 34% of LGB high school students have been bullied on school property.

In a study of over 150,000 students at 27 universities, transgender individuals experienced the highest rate of sexual assault at 24%.

In a study of over 150,000 students at 27 universities, almost 16% of transgender individuals experienced controlling behavior from a partner.

LGBTQ high school and college students report considerably more sexual harassment than heterosexual students.


Members of the LGBTQ community are at an increased risk of sexual violence on college campuses.

30.3% of LGBTQ college students EXPERIENCED PHYSICAL DATING VIOLENCE compared to 12.9% of heterosexual college students

Break the Cycle inspires and supports young people to build healthy relationships and create a culture without abuse. Our dynamic and diverse team believes that all young people deserve to live in a world where they can thrive. Our values and work centers young people and their lived realities, leadership, vision, and hopes for the future.

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