# Break the Cycle

#### **Because Everyone Deserves a Healthy Relationship**



**B**2(





Because Everyone Deserves a Healthy Relationship

Dating abuse affects people from all ages, backgrounds and identities, which is why is it important to recognize warning signs of abusive behavior.

**Constant Put Downs** 

**B2** 

Break the Cycle

**Because Everyone Deserves a** 

## VERY Quickly

### **Relationship Becomes Serious**



Break the Cycle

Because Everyone Deserves a Healthy Relationship

**BIG Mood Swings** 

**B2** 

Break the Cycle

**Because Everyone Deserves a** 

**Extreme Jealousy** 

**B2** 

Break the Cycle

**Because Everyone Deserves a** 

## **B2**



Because Everyone Deserves a Healthy Relationship

### **Constantly Making False**

### Accusations

**Extreme Possessiveness** 

**B2** 

Break the Cycle

**Because Everyone Deserves a** 

## **B2**



Because Everyone Deserves a Healthy Relationship

### Isolation from Family &

Friends

**Financial Control** 

**B2** 

Break the Cycle

**Because Everyone Deserves a** 





Because Everyone Deserves a Healthy Relationship

### Telling You What to Do or Preventing You from Doing What You Want to Do

**Explosive Temper** 

**B2** 

Break the Cycle

**Because Everyone Deserves a** 





Because Everyone Deserves a Healthy Relationship

Break the Cycle inspires and supports young people to build healthy relationships and create a culture without abuse.
Our dynamic and diverse team believes that all young people deserve to live in a world where they can thrive.
Our values and work centers young people and their lived realities, leadership, vision, and hopes for the future.

#### BACK 2 SCHOOL. A+ RELATIONSHIPS.