Break the Cycle

Because Everyone Deserves a Healthy Relationship



B2(





Because Everyone Deserves a Healthy Relationship

Dating abuse affects people from all ages, backgrounds and identities, which is why is it important to recognize warning signs of abusive behavior.

Constant Put Downs

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VERY Quickly

Relationship Becomes Serious



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BIG Mood Swings

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Extreme Jealousy

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Constantly Making False

Accusations

Extreme Possessiveness

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Isolation from Family &

Friends

Financial Control

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Telling You What to Do or Preventing You from Doing What You Want to Do

Explosive Temper

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Because Everyone Deserves a Healthy Relationship

Break the Cycle inspires and supports young people to build healthy relationships and create a culture without abuse.
Our dynamic and diverse team believes that all young people deserve to live in a world where they can thrive.
Our values and work centers young people and their lived realities, leadership, vision, and hopes for the future.

BACK 2 SCHOOL. A+ RELATIONSHIPS.