Break the Cycle

Because Everyone Deserves a Healthy Relationship

B2O

BACK 2 SCHOOL. A+ RELATIONSHIPS.
Dating abuse affects people from all ages, backgrounds and identities, which is why it is important to talk about abuse in young people’s relationships. Just check out these statistics:
It’s a Public Health Crisis
One in three high school students experience either physical or sexual violence, or both at the hands of someone they are dating or going out with.

Young women between the ages of 18 - 24

EXPERIENCE THE HIGHEST RATE OF INTIMATE PARTNER VIOLENCE

One in ten high school students has been purposefully hit, slapped or physically hurt by a boyfriend or girlfriend.

Lesbian, gay & bisexual youth are more likely to experience physical & psychological dating abuse, sexual coercion and cyber dating abuse than their heterosexual peers.

The Abuse Starts Early

BACK 2 SCHOOL. A+ RELATIONSHIPS.
53.6% MEN WHO HAVE BEEN physically or sexually abused, or stalked by a dating partner first experienced abuse BETWEEN THE AGES OF 11-24.

69.5% WOMEN WHO HAVE BEEN physically or sexually abused, or stalked by a dating partner first experienced abuse BETWEEN THE AGES OF 11-24.
Of the 8.5% of middle school students who report having bullied a classmate, NEARLY 1 IN 5 HAVE BEEN A VICTIM OF DATING ABUSE.

More than half of high school students who report experiencing sexual or physical abuse by a dating partner have also been bullied electronically.

The Impact is Severe
Of the high school students who report experiencing sexual or physical abuse by a dating partner

9 OUT OF 10 HAVE SERIOUSLY CONTEMPLATED SUICIDE

Of the high school students who report experiencing sexual or physical abuse by a dating partner OVER 80% HAVE ATTEMPTED SUICIDE

High school girls who have experienced dating abuse are 2.6 times more likely to report an STI diagnosis.

High school students who have been physically hurt on purpose by their partner

**EARNED GRADES OF C AND D**

twice as often as earning grades of A or B

Women who have experienced sexual assault, physical abuse or stalking by an intimate partner are 2x as likely to report poor physical health.

Women who have experienced sexual assault, physical abuse or stalking by an intimate partner are 3x as likely to report poor mental health.

It’s Not Just Teens
About 20-25% of female college students will experience attempted or completed rape before graduation.


Nearly half (43%) of all college women report having experienced either abuse or controlling behaviors in a dating relationship.

Nearly one-third (28%) of all college men report having experienced either abuse or controlling behaviors in a dating relationship.

More than half of all college students report experiencing either abuse or controlling behaviors in a dating relationship while in college.

The Time to Talk is Now

BACK 2 SCHOOL. BACK 2 RELATIONSHIPS.
81% PERCENT OF PARENTS BELIEVE 

teen dating violence is not an issue or admit they 
don’t know if it’s an issue 

More than half (58%) of college students do not know how to help someone who is experiencing dating abuse.

NEARLY ALL (89%) OF COLLEGE STUDENTS are not confident in their ability to recognize the warning signs

Of the college students that report experiencing either abuse or controlling behaviors in a dating relationship while in college

70% report they were not aware they were in an abusive relationship at the time

Break the Cycle inspires and supports young people to build healthy relationships and create a culture without abuse. Our dynamic and diverse team believes that all young people deserve to live in a world where they can thrive. Our values and work centers young people and their lived realities, leadership, vision, and hopes for the future.

BACK 2 SCHOOL. A+ RELATIONSHIPS.