ANNUAL REPORT 2013

LOVE IS HONESTY
Dear Friends,

I was first introduced to Break the Cycle in 2003, when I became a law intern with the organization. BTC gave me my first exposure to the pervasiveness of the issue of dating abuse among young people:

1 in 3 teens will experience some form of abuse in a dating relationship.

The young people Break the Cycle supports come from all walks of life. One client I remember was an affluent high school student in Santa Monica whose boyfriend broke her arm - on campus. Break the Cycle helped her in court and with her school to keep her safe.

Since that time, Break the Cycle has expanded and become the leading national organization on dating abuse. It has developed an amazing holistic approach that involves prevention as well as intervention: youth organizing and education, training and technical assistance for adults who work with youth, direct legal services, and policy work.

Our world has also changed in that time, Break the Cycle has kept up by tackling the tricky issues of digital abuse that have become common with social media, smartphones and youth communicating primarily by texting. I am impressed daily by the passion and dedication of our staff, and I am proud to be an ongoing supporter of the organization.

This year, Break the Cycle’s legal assistance and youth programs have made successful strides to expand our reach, empowering schools with the tools they need to prevent dating abuse among their students and representing and speaking up for domestic violence victims who felt they had no voice.

Here at Break the Cycle we take great pride in all of our accomplishments towards ending dating violence and cultivating healthy relationships. We would like to thank you for continuing to support us in our journey to educate our youth and build a world free from abuse.

Sincerely,

Rachel Wilkes Barchie
Break the Cycle
President of the Board
ABOUT BREAK THE CYCLE

Founded in 1996, Break the Cycle engages, educates, and empowers young people to build lives and communities free from domestic and dating violence.

OUR APPROACH
We believe everyone has the right to a safe and healthy relationship. We believe equality in relationships is achievable. Domestic violence is not inevitable or the natural order of things, in fact, it’s preventable.

We EDUCATE teens so they can recognize, prevent, and end abusive relationships
We SUPPORT teens by providing the tools they need to stay safe
We EMPOWER teens to speak up and raise awareness within their own communities
We ADVOCATE for teens to provide the legal protection they need

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Without the generosity of our donors and external partners in 2013, we could not touch the lives of the next generation of young adults dedicated to creating an environment free of dating violence.

**$100,000 to $1,000,000**

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**EDUCATION:**

The National Youth Advisory Board

In July of this year all members of our National Youth Advisory Board (NYAB) traveled to Los Angeles, CA for our annual NYAB retreat. This year senior members, those who have been on the board for more than one year, met separately to have an open discussion about the successes and challenges the board has faced. Executive team members led the group in finalizing and editing board bylaws, contracts and guidelines.

“*I'm normally not very outgoing but I feel like I've known the rest of the board forever. I think it's because we are all passionate and working toward the same cause.*

– Raul- NYAB Member
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EMPOWER:

National Teen Dating Violence Awareness and Prevention Month

Teen Dating Violence Awareness and Prevention Month (TDVAM) is a national effort every February to raise awareness and promote programs that help prevent abuse in teen and 20-something dating relationships. Organizations and caring individuals nationwide have come together to highlight the need to educate young people about healthy relationships and engage them to prevent the devastating cycle of abuse.

TeenDVmonth.org, hosted by Break the Cycle, is the online hub for all national activities and promotion of Teen Dating Violence Awareness and Prevention Month, as well as the home of Break the Cycle and loveisrespect’s annual public awareness campaign for TDVAM. The website offers resources for youth, adults, and communities that want to plan awareness-raising activities in February, such as our National Respect Announcement, which reaches one million youth advocates and adult allies with a message about healthy relationships every year.

Encouraging participants to begin the conversation about dating abuse in their communities.

Break the Cycle 2013 Annual Report
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SUPPORT:

Break the Cycle’s Washington, DC office provides holistic survivor-centered legal services to survivors of dating and domestic violence, stalking and sexual assault who are between the ages of twelve and twenty-four. We are the only organization in the District of Columbia that provides free, comprehensive legal services exclusively to young people experiencing relationship violence. Break the Cycle attorneys work closely with clients to ensure that their non-legal needs are met through safety planning, school advocacy, and referrals to local domestic violence and social services. Each year Break the Cycle assists over 120 young people who need legal help to escape a violent relationship.

“I like the fact that I felt important for once and had someone to listen to my story.”

– Megan, Legal Client
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ADVOCACY:

Break the Cycle is committed to supporting and collaborating with other nonprofits to improve the laws that impact young survivors of dating abuse. Break the Cycle played a leadership role in the efforts to reauthorize the Violence Against Women Act (VAWA). We are proud to report that VAWA was signed into law in March 2013. We continue to serve on the Steering Committee of the National Task Force to End Sexual and Domestic Violence (NTF) and have supported efforts to ensure effective implementation of the new provisions of VAWA. Break the Cycle also participated as a member on a Task Force created by the District of Columbia Office of Human Rights to create a Model Youth Bullying Prevention Policy that included protections for young survivors of violence.
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SUCCESS STORY:

I was at a community fair in Albuquerque, New Mexico that native youth had put together. They had completed our Start Talking curriculum and this was their way of giving back. Teachers, parents, and their peers all gathered to learn about healthy relationships and preventing abuse.

In fact, three generations of one family all came. Bernadette, the grandmother, stopped by my table and we started talking. She had experienced abuse growing up and hadn’t told anyone when it happened. Partly because of that, she became an alcoholic and knew she hadn’t been the best mom to her daughter, also in attendance.

Substance free now and making amends, Bernadette was so happy to see this issue, that had caused her and her family so much pain, out in the light. “If only this program had been around when I was a teen” Bernadette said, “it could have made such a difference. Looking at my granddaughter over there, I know she won’t have to go through what I did. Thank you for helping us to finally talk about it.

VOLUNTEER SPOTLIGHT:

Kirby Howell,
Break the Cycle Intern

Break the Cycle was truly influential for me in terms of learning about activism and the genuine difference hard work can make on the ground. I joined the organization right as the Violence Against Women Act was reauthorized in March 2013, and right off the bat I got to hear Joe Biden speak about the law. While at Break the Cycle, I worked on Outreach and Advocacy, working on online projects and finding new and interesting ways to involve young people in the fight against intimate partner violence. I got to do activities with high school groups, run social media campaigns, write blog posts, and see the changes I could effect both in my community and across the country. I also got the opportunity to present at the DOJ Office on Violence Against Women All-Technical Assistance Provider meeting about how to effectively engage youth in domestic violence advocacy, which was a great culmination of all the work I had done. Break the Cycle is an incredible organization, and the work that they do to educate and empower young people is so unique and important. I am so proud to have been able to contribute in even a small way.

This was an amazing time to get involved and an experience I'll never forget.
Statement of Financial Position

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>2013</th>
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</thead>
<tbody>
<tr>
<td>Current assets</td>
<td>812,548</td>
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<tr>
<td>Cash and cash equivalents</td>
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<tr>
<td>Accounts receivable</td>
<td>61,258</td>
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<td>Grants and contributions receivable</td>
<td>599,465</td>
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<tr>
<td>Contracts receivable</td>
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<tr>
<td>Prepaid expenses</td>
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<tr>
<td><strong>Total current assets</strong></td>
<td><strong>812,548</strong></td>
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<td>Property and equipment – net</td>
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<td>Deposits</td>
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<td><strong>Total assets</strong></td>
<td><strong>23,829</strong></td>
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<table>
<thead>
<tr>
<th>LIABILITIES</th>
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<tbody>
<tr>
<td>Current liabilities</td>
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<tr>
<td>Accounts payable</td>
<td>65,330</td>
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<tr>
<td>Accrued vacation and payroll</td>
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<tr>
<td><strong>Total liabilities</strong></td>
<td><strong>84,388</strong></td>
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<table>
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<tr>
<th>NET ASSETS</th>
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<tbody>
<tr>
<td>Unrestricted net assets</td>
<td>154,524</td>
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<tr>
<td>Temporarily restricted net assets</td>
<td>599,465</td>
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<tr>
<td><strong>Total net assets</strong></td>
<td><strong>751,989</strong></td>
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<tr>
<th>TOTAL LIABILITIES AND NET ASSETS</th>
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<tbody>
<tr>
<td></td>
<td><strong>836,377</strong></td>
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Statement of Activities

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<tr>
<th>2013</th>
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<tbody>
<tr>
<td><strong>REVENUE</strong></td>
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<tr>
<td>Government contracts</td>
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<tr>
<td>Program service fees</td>
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<tr>
<td>Other income</td>
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<tr>
<td><strong>Total Revenue</strong></td>
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</tbody>
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<table>
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<tr>
<th><strong>SUPPORT</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual contributions</td>
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<tr>
<td>Corporate and business</td>
</tr>
<tr>
<td>Foundations and trusts</td>
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<tr>
<td>Non-profit organizations</td>
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<tr>
<td>Special events</td>
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<tr>
<td><strong>Total support</strong></td>
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<tr>
<td><strong>Total revenue and support</strong></td>
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<tr>
<th><strong>SUPPORT EXPENSES</strong></th>
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<tbody>
<tr>
<td>Program Services</td>
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<tr>
<td>Education and outreach</td>
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<tr>
<td>Systemic change</td>
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<tr>
<td>Intervention</td>
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<td>Helpline Ptsp</td>
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<tr>
<td><strong>Total Program Services</strong></td>
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<tr>
<td>Supporting Services</td>
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<tr>
<td>Supporting services</td>
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<tr>
<td>Fund raising</td>
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<tr>
<td><strong>Total Supporting Services</strong></td>
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<tr>
<td><strong>TOTAL EXPENSES</strong></td>
</tr>
<tr>
<td><strong>CHANGE IN NET ASSETS</strong></td>
</tr>
<tr>
<td>NET ASSETS, Beginning of year</td>
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<tr>
<td>NET ASSETS, End of year</td>
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</table>
On Wednesday, October 23, 2013, Break the Cycle held its annual Unmasquerade event, "to unmask the truth about dating abuse" at the Avalon in Hollywood benefiting loveisrespect. Thanks to everyone for making the evening so memorable!