

# Break the Cycle

*Engaging, Educating and Empowering Youth to Live Free from Domestic and Dating Violence*

## Annual Report 2005



Break the Cycle's mission is to engage, educate and empower youth to build lives and communities free from domestic and dating violence.

## Dear Friends,

In 2006, Break the Cycle experienced an **evolution**. Our Board and staff were challenged to make tough decisions and to answer tough questions—how can we strategically maximize our impact while minimizing resources expended to accomplish our goals? How do we efficiently and effectively teach more teens to build safe and healthy relationships?

To address these challenging questions, Break the Cycle underwent an intense assessment which ultimately led to a smart, resourceful plan to enhance the future impact of the organization. We are focused resources on programs and initiatives that have the potential to **reach thousands more youth in communities from coast to coast**.

Break the Cycle's Los Angeles office now serves as our national headquarters, implementing projects that are broad in focus and scope. Our Washington, DC office is continuing to spearhead critical policy efforts to ensure every young person has access to life-saving information and services. Through our programs, we will further protect the rights and promote the health and safety of young people nationwide.

Together, we have the opportunity to **make positive, significant impact on countless more young people**, regardless of physical location. Our sincerest appreciation goes to our Board, staff, volunteers and the hundreds of supporters who helped make this past year a success, and helped secure an even brighter future for Break the Cycle.

**Thank you for your continued commitment to working to end domestic and dating violence.**



Warm Regards,

A handwritten signature in blue ink that reads "Jessica".

Jessica Aronoff  
Executive Director

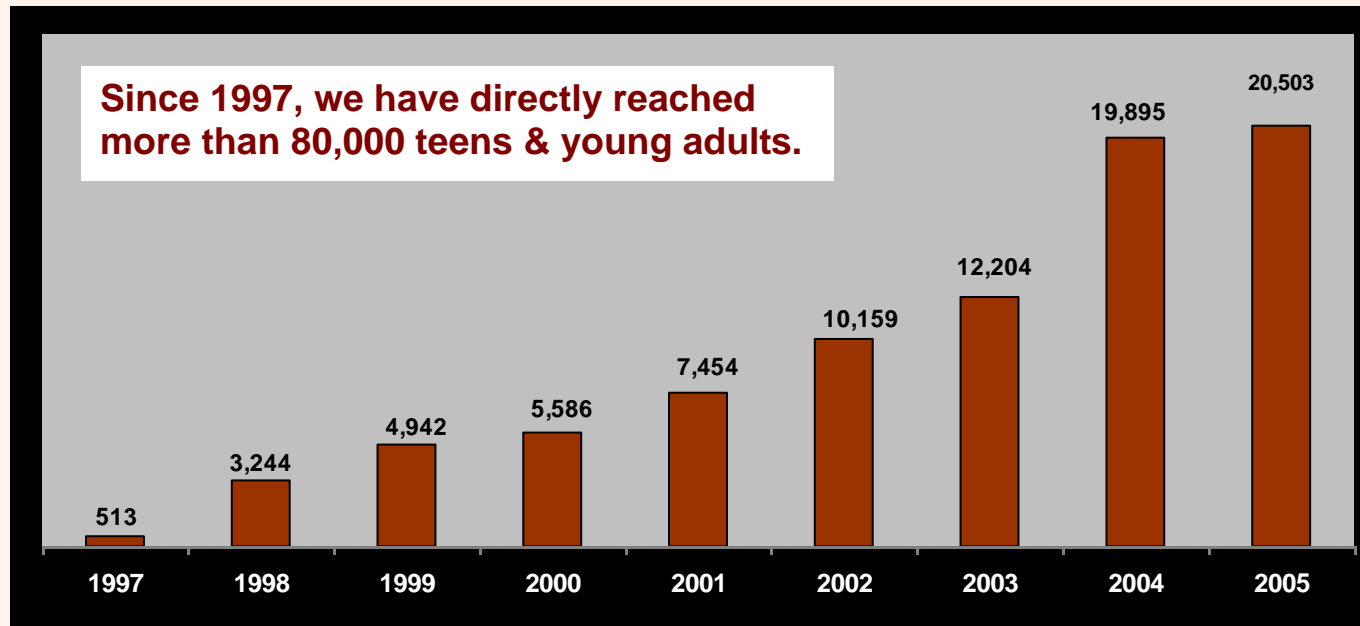
**You have the right to a safe and healthy relationship...  
free from violence and free from fear.**

A survey of high school students found almost half of all respondents—46% of girls and 43% of boys—reported experiencing physical aggression at the hands of a dating partner.<sup>1</sup>

Founded in 1996, Break the Cycle takes action against domestic abuse by reaching teens as they are beginning to form their first dating relationships.

Domestic violence costs the United States between five and ten billion dollars annually in health care, law enforcement, social services and missed work.<sup>2</sup>

Break the Cycle's *Ending Violence* curriculum helps stop violence before it starts.



Twelve states will not grant domestic violence restraining orders to teens who are dating.

Break the Cycle educates policy makers about the need to protect victims of domestic violence in all kinds of relationships.

73% of young people say they would turn to a friend if they were in an abusive relationship.<sup>3</sup>

Break the Cycle Peer Leaders are trained to help friends in need.

<sup>1</sup> O'Keefe M. & Treister, L. 1998. Victims of dating violence among high school students. *Violence Against Women*, 4, 193-228.  
<sup>2</sup> UNICEF, *Domestic Violence Against Women and Girls*, 6 *Innocenti Digest* 1, 12 (2000).  
<sup>3</sup> Teen Research Unlimited, February 2005.



"From Break the Cycle's presentation, I've learned that domestic violence can happen to anyone. I will use this information because I don't want to keep going through bad relationships over and over again."

- Student, age 16  
Culver City High School



# our programs

## **ENGAGING**

We break the cycle before it starts by reaching youth, through youth. Break the Cycle's peer leadership program actively engages, trains and mobilizes teens to speak out against domestic violence. In 2005, our Peer Leaders took action in their communities through youth-led projects including the development of a teen action toolkit, policy efforts, poster contests, educational presentations and school-wide assemblies.

## **EDUCATING**

Break the Cycle teaches teens about domestic violence, healthy relationships and the law. We train service-providers to recognize abuse among teens and to respond with confidence and sensitivity. We adapted our curriculum to further meet the diverse needs of youth including pregnant and parenting teens, Latino youth and the LGBTQ community. We launched the conversion of our curriculum into the **Ending Violence DVD Project** to reach as many teens as possible with life-saving domestic violence prevention information.

## **EMPOWERING**

Through our legal services program, Break the Cycle provides holistic, comprehensive early-intervention services including legal advice, advocacy, crisis intervention and safety-planning, to hundreds of young people each year. We operate a toll-free helpline and referral service to assist youth. Additionally, through local and national policy efforts, we work to ensure that teens are able to get help and support they need.

## **BREAK THE CYCLE—BY THE NUMBERS**

### 2005

124

### **ENGAGING**

Teen activists mobilized to inform their communities and break the cycle of violence before it starts.

7377

Hours contributed from Break the Cycle peer leaders and interns.

3,835

Hours contributed from youth volunteers helping Break the Cycle serve our mission.

### **EDUCATING**

15,499

Youth taught that they have a right to a safe and healthy relationship.

578

Presentations made to youth in classrooms, after-school clubs, teen parenting programs, foster homes, community agencies and juvenile detention facilities.

4,219

Teachers, police, social service providers and others trained to recognize signs of abuse among youth.

### **EMPOWERING**

1,162

Contacts to Break the Cycle for help and advice.

85

Domestic violence survivors represented in court.

272

Court visits made by our staff attorneys to help our clients find safety.

2,242

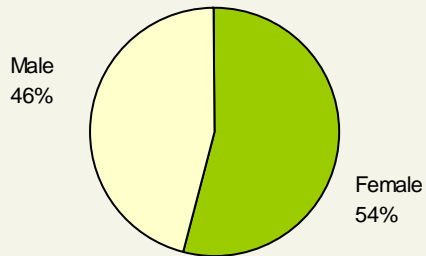
Hours spent helping young victims to achieve nonviolent relationships and homes.

Break the Cycle envisions a world in which young people are empowered with the rights, knowledge and tools needed to achieve healthy, nonviolent relationships and homes.

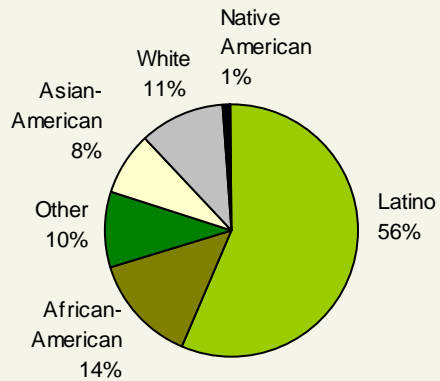
# who we serve

## EDUCATION & OUTREACH PROGRAM

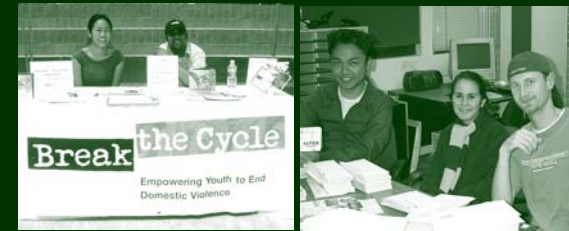
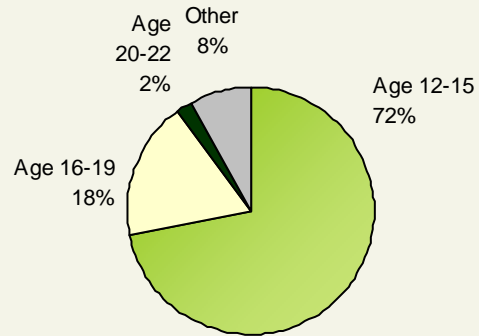
By Gender



By Ethnicity

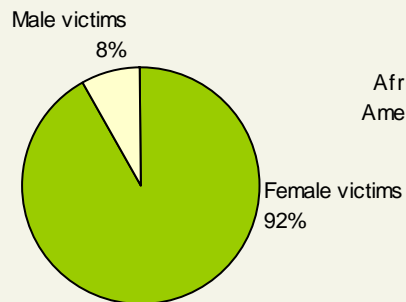


By Age

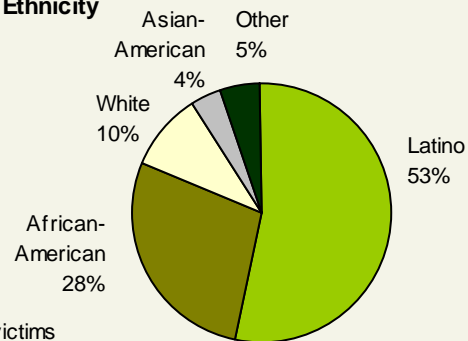


## LEGAL SERVICES PROGRAM

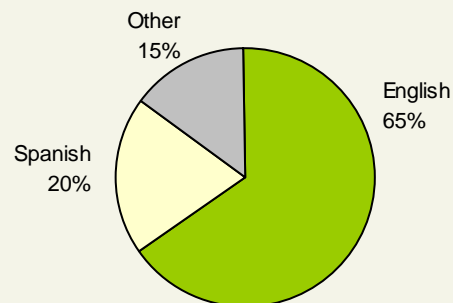
By Gender



By Ethnicity



Clients by Primary Language



"Thank you very much for teaching me that I have rights to protect myself and my loved ones from domestic violence."

- Student, Diamond Bar High School





# 2005 board of directors

Michael Bales, Esq.  
*Attorney at Law*

Patricia A. Johnson  
*Morgan Stanley*

Elsie Pon (Secretary)  
*Asian Connections*

Carol Cheng-Mayer  
*Independent Business Consultant*

Gail Louis, Esq.  
*Morrison & Foerster LLP*

John Shaeffer, Esq. (Chair)  
*O'Donnell & Shaeffer*

Eleanor M. Johnson, CPA  
(Treasurer)  
*Cohen, Miskei & Mowrey, LLP*

David Mount  
*Retired CEO/Chairman*  
*Warner Elektra Atlantic Records*

Hattie Winston  
*Actress*

# 2005 staff

## LOS ANGELES

Jessica Aronoff  
Marjorie Gilberg  
Linda Hoos  
Laney Kapgan  
Elisa Morimoto  
Darlene Mowrey  
Katherine Myrvold  
Liza Siebel  
Jimena Vasquez  
Christibelle Villena

## WASHINGTON, D.C.

Juley Fulcher  
Krisan Patterson

## SAN FRANCISCO (office closed 10/2005)

Anne Gyemant Paris  
Jennifer Ornelas

## NEW YORK

(officially Day One as of 10/2005)

Maribel Gunter-Martinez  
Stephanie Nilva  
Joe Samalin  
Alison Yager

# 2005 audited financials

## ASSETS

	2005
<b>CURRENT ASSETS:</b>	
Cash and cash equivalents	\$ 46,074
Accounts receivables, no allowance necessary	7,396
Current portion of mortgage notes receivable	46,765
Prepaid expenses	8,065
Total current assets	108,300
PROPERTY AND EQUIPMENT, net	9,922
MORTGAGE NOTES RECEIVABLE, less current portion	563,165
MORTGAGE NOTE INTEREST RECEIVABLE	13,411
DEPOSITS	6,323
	\$ 701,121
<b>LIABILITIES AND NET ASSETS</b>	
<b>CURRENT LIABILITIES:</b>	
Accounts payable	\$ 2,439
Accrued expenses	16,222
Line of credit	26,000
Current portion of capital lease	1,953
Total current liabilities	46,614
CAPITAL LEASE, less current portion	2,805
<b>NET ASSETS:</b>	
Unrestricted	582,678
Unrestricted-board designated	2,566
Temporarily restricted	66,458
Total net assets	651,702
	\$ 701,121

	2005
<b>CASH FLOW FROM OPERATING ACTIVITIES:</b>	
Change in net assets	\$ (483,541)
Adjustments to reconcile change in net assets to net cash (used in) provided by operating activities:	
Depreciation	5,522
Changes in assets and liabilities:	
Gain on sale of investment	(2,500)
Accounts receivable	4,255
Prepaid expenses	5,583
Deposits	637
Accounts payable	(259)
Accrued expenses	12,784
Net cash (used in) provided by operating activities	(457,519)
<b>CASH FLOWS FROM INVESTING ACTIVITIES:</b>	
Sale of investment	2,500
Mortgage notes receivable	97,462
Equipment purchases	(4,956)
Net cash provided by (used in) investing activities	95,006
<b>CASH FLOWS FROM FINANCING ACTIVITIES:</b>	
Proceeds from line of credit	46,000
Proceeds from borrowings	4,758
Payments on line of credit	(20,000)
Net cash provided by (used in) financing activities	30,758
NET (DECREASE) INCREASE IN CASH AND CASH EQUIVALENTS	(331,755)
<b>CASH AND CASH EQUIVALENTS:</b>	
Beginning of year	377,829
End of year	\$ 46,074

THANK YOU TO OUR DONORS

Break the Cycle gratefully acknowledges our generous donors across the nation. The listing here reflects donors with contributions above \$100 in 2005.

**\$10,000+**

adidas  
Altria Group, Inc.  
Avon Foundation  
Blue Shield of California Foundation  
Department of Health & Human Services  
Equal Justice America  
Liz Claiborne Foundation  
Liz Claiborne Inc.  
Los Angeles Times Family Fund  
The Morris & Gwendolyn Cafritz Foundation  
Morrison & Foerster Foundation  
Pfizer, Inc.  
Marie L. Pieratt  
RAND  
The Estate of Clarice Silk  
Verizon

**\$5,000-9,999**

City of New York  
The Danem Foundation  
Tamara Fritz  
Gloria & Joseph Simons Fund  
Latham & Watkins  
MTV Networks  
Morrison & Foerster  
Sheri & David Mount  
Munger, Tolles & Olson Associate Fund  
New Avenue Marketing, LLC.  
Gloria & Bill Newton  
O'Melveny & Myers, LLP  
RGK Foundation  
Verizon Wireless

**\$2,500-4,999**

3M Contributions Program  
Andrew Weiss Gallery  
City National Bank  
Cohen, Miskei & Mowrey, LLP  
Concord Music Group, Inc.  
Fox Entertainment Group  
Susan Delaney & Lawrence Frank  
Mitchell & Jacque Gilberg  
Louise Hickey-Cadiff  
Howrey, LLP  
Lockheed Martin Corporation  
The Make Yourself Foundation  
Elsie Young Pon  
Michael Schiffman & Spine Care & Orthopedic Physicians  
John & Melissa Shaeffer  
Hattie Winston & Harold Wheeler

**\$1,000-2,499**

Jessica Aronoff & Larry Sher  
Dewey Ballantine, LLP  
Eileen Fisher Companies  
Eve Ensler  
Maureen & Steve Graham  
Jay & Rose Phillips Family Foundation  
Eleanor Johnson  
Cheryl King  
Peggy Lipton  
Littler Mendelson Foundation, Inc.  
Los Angeles County Bar Foundation  
Ellyn Luros-Elson & Larry Elson  
Metropolitan Police Department  
Darlene & Scott Mowrey  
Mary Joan Palevsky Living Trust  
Rintala, Smoot, Jaenicke & Rees, LLP  
Maggie Urpin  
Wells Fargo Foundation  
White & Case, LLP

**\$500-999**

ABA Commission on Domestic Violence  
Alschuler, Grossman, Stein & Kahan, LLP  
Katie & Victor Amira  
Dara & Michael Aronoff  
Barbara Baylis  
Marianne Churney  
City of Los Angeles  
Marilyn Cohen  
Mark & Laurie Cohen  
Pam Colburn  
Carolyn J. Cole  
Sherry & Charles Dargan  
Antoinette Delruelle & Josh Steiner  
Gelson's  
Sudipta Ghosh  
Phyllis & Bill Gibson  
Iva Louise Gillet  
Elizabeth Hirsch  
Jessica Hollander  
Vicki & Craig Holleman  
Stephanie & James Irey  
John Koscheka  
Judy & Steve Kunreuther  
Ann Loeb  
Leora Magier  
Carol Cheng Mayer & Brett Mayer  
David Metzner  
Mortimer Levitt Foundation, Inc. & Ann Marie Mortimer  
Tom & Pam Nix  
Omnikron Systems

Open Meadows Foundation  
Orrick, Herrington & Sutcliffe, LLP  
Anthony Rossabi  
Ardis Rubenstein  
San Francisco Women's Center  
Shearman & Sterling, LLP  
Marty Shelton  
Joan & Paul Sher  
Donald Taylor  
The Avalon Consulting Group  
Trixxi Clothing Company, Inc.  
Marcia & Charles Wasserman

**\$250-499**

Meridee Alter  
Lois Beekman-Oliveira  
Rivian Bell  
Bobby Borouman  
Craig Briskin & Liz Watson  
Vicki Briskman  
Lilli Cloud  
Michael Cohn & Laura Posner  
Daniella & Ted Cunningham  
Duncan Darrow  
Gloria Donovan  
David Friedman  
Clyde & Betty Fulcher  
Nick Fuller  
Maggie Garcia  
Maria Garcia  
G. Michael Gehring  
Benjamin Gilberg  
Michael & Carol Green  
Jodi & Robbie Groff  
Jill Demby Guest  
Gursey, Schneider & Co., LLP  
David & Wendy Hashmall  
Angela Haskins  
Keith & Honey Heller  
Carol & Richard Hochman  
Gail & David Hofstein  
Mark Holden  
Patricia Johnson  
Colleen Kans  
Harlene Katzman  
Nicholas Koberstein  
Daniel Korn  
Suzette & Beau Lavine  
Law Offices of Jeffery A. Kaiman & Associates  
Stephen Lessard  
Susanne & Mark Lichtenberger  
Luce, Forward, Hamilton & Scripps, LLP



Harold & Bettianne Marcus  
Marymount High School  
Scotta McFarland  
Mary Meredith  
Shane Milarn  
Lindsay Montgomery  
National Charity Support Foundation  
Sam Pryor  
Reed Smith, LLP  
Renee Rinaldi Ballard  
Arleen Salais  
Lisa & Rich Samalin  
Lee Scharfstein  
Jay & Rachel Schinderman  
Betty Shaw Weymouth  
Adam Svet  
Krisan Swaminathan  
Diana Tauder  
Kathleen Thurmond  
The WB Television Network  
Wells Fargo Bank  
Joanne Willens Widzer  
Audrey Winograde  
Karen & Foster Winter  
Michelynn Woodard  
Angela Woodward  
Howard Yeh  
Joanne Caruso Zaccaro

**\$100-249**

Jennifer & Andres Abril  
Peter Adelman  
Amir Agam  
John & Mary Alden  
Judy & Michael Altman  
Karla Alvarez  
Julie Amick  
Anderson & Ochs, LLP  
Barbi Appelquist  
Deneen Arceneaux  
Elizabeth Armet  
Abbie Arms  
Amanda Aronoff & James Keller  
Carol Aronoff  
David Arrabito  
Gail Becker  
David Bender  
Vicki & Don Berghoff  
Andrea Best  
Michael Bilan  
Martin & Linda Blank  
Jan O. Blau  
Tricia & Charles Bogle

Tema & Mark Bomback  
Robin Borough  
Fleming Brooks  
O. Michay Brown  
Miriam Buhl  
Robert Burton & Joan Cooper  
Neena Chaudhry  
Viravyne Chhim  
Charles & Dorothea Clark  
Hope Cohen  
Rachel Cohn  
William Cohn & Rose Schwarzberg-Cohn  
Lisa Colarossi & Fabio Arcila  
Matthew Corman & Dawn Urbont  
Matthew D'Emic  
Henry David  
Barbara DeMayo  
Julie Donovan  
Dean & Barbara Eckstrom  
Cora Anne & Michael Edwards  
Sherry Emata  
Sarah Evans  
Lorraine & Gerald Factor  
Erica Falt  
Rob Fassino & Alexis Broben  
Paul G. Feinman  
Roberta Fleischer  
Florence Crittenton Center  
Sheri Franklin  
The Fredda Weiss Foundation  
Abby & Ira Friedman  
Holly J. Fujie  
David Garcia  
Niki Garen  
Anthony C. Gatti  
Mae Gilberg & Ben Philpott  
Marjorie Gilberg  
Nancy & Johnathan Goodson  
Sarah Gorrell  
Carol Gosser  
Jennifer Grayson  
Abby Green  
Sam & Ruth Green  
Steve & Judy Haveson  
Erica Herberg  
Alan & Pamela Herman  
Linda Clancy Herwitz  
Susan E. Hill  
Ken & Gwynne Holden  
Brett Holleman & Blair Lawson  
Linda Hoos & Johnathan Galatzan  
Ann & Charles Hull  
Margaret Johnson

Ruth Kahn  
Marlise Karlin  
Laurence Keiser  
Jennifer Lane  
Matt Lane  
Rachel Laser  
Helaine & Marvin Lender  
Joan Lesser  
Deborah & Howard Lindenberg  
Duane Loft  
Gail C. Louis  
Nancy Lublin  
Judith MacDonald  
Mike Manning  
Marvin Lender Family Foundation  
Gordon McCormick  
Pat & Bernard McElhone  
Lucy Melvin  
Karen Mendoza  
Donna & Christopher Meyer  
Tak Morimoto & Roseanne Wong  
Mary Morningstar  
Ernae Mothershed  
Mount St. Mary's College  
New York Asian Women's Center  
Stephanie Nilva  
Mark Noble  
Karen O'Connor  
Cheryl O'Donnell  
Jim & Laurie Oestreich  
Christopher B. Ord  
Nina Parkinson  
Kimberly Perez  
Damien Petty  
Planned Parenthood of NYC  
Randy Polumbo  
Audrey Pumariega  
Evelyn & Dennis Raymond  
Melissa Richman  
Cindy Roseman  
Caroline Rostant  
Michael Rothenberg  
Sacred Heart Cathedral Preparatory  
Scott Saklad  
Mary Alice Salinas  
Grete Schirmer  
Carol Schneebaum  
Wendy Schultz  
Reid Shane & Laura Berland-Shane  
Zoya Shatenfeld  
Carolyn & Eric Shettle  
Carl H. Shubs  
Carolyn Smith

Debbie Spander  
Tami Steckler  
Cary & Robert Svet  
Rajesh Swaminathan  
Debbie Sweeney  
Genaro Trejo  
Michael & Dounia Turrill  
Paula Van Ness  
Elisabeth Vermilye  
Alan Wachtel & Ellen Miller-Wachtel  
Scott & Kristine Walters  
David Waltzer  
Elaine Wang  
Allen Waxman  
Jana Winograde & Todd Sandler  
Carol Witlin  
Laura Wolner  
Sherry & Brian Woods  
YWCA  
Rosalyn & Jerome Zeffren  
Diana deVeigh

**Gifts were made to Break the Cycle in tribute to:**

David & Iman  
Michael Altman  
Jessica Aronoff  
Max William Aronoff-Sher  
Celeste, Claudia & Chris Ballard  
Barbara Bobron  
Adileinis Carbonell  
Richard Carlsen  
William Patrick Foster  
Juley Fulcher  
Clayton Haskins  
Sylvia Holtz  
Harry Hupp  
Joseph Lane & the Clerks of California  
Carol Cheng Mayer  
Officer C. McDermott  
Stephanie Nilva  
Pedro Saucedo  
Larry Sher  
Ray Sher  
Alison & Daniel Wohl  
Angela Woodward

*Every effort has been made to ensure the accuracy of this listing. Please accept our apologies if there are any errors or omissions and contact us for corrections.*

**Break the Cycle**

Empowering Youth to End  
Domestic Violence

Break the Cycle  
National Headquarters  
5200 W. Century Blvd., Suite 300  
Los Angeles, CA 90045  
phone: 310.286.3383  
fax: 310.286.3386

Washington, DC Office  
P.O. Box 21034  
Washington, DC 20009  
phone: 202.824.0707  
fax: 202.824.0747

888.988.TEEN  
[www.breakthecycle.org](http://www.breakthecycle.org)