



**Break** the Cycle

Empowering Youth to End  
Domestic Violence

[www.breakthecycle.org](http://www.breakthecycle.org)

[www.thesafespace.org](http://www.thesafespace.org)

888.988.TEEN

[askanything@breakthecycle.org](mailto:askanything@breakthecycle.org)

# NEBRASKA

Each state has different requirements for getting a civil domestic violence protection order. Because it makes protection orders extremely difficult for teens to obtain, Nebraska's grade for protecting teen victims of domestic and dating violence is a D.

## Do I Qualify for a Protection Order in Nebraska?

### Type of Relationship<sup>1</sup>

In order to qualify for a protection order, the abuser must be someone:

- You are dating or used to date
- You are married to or used to be married to
- You are living with or used to live with
- You are related to by blood or marriage
- You have a child with

### Type of Abuse<sup>2</sup>

A judge may issue you a protection order when your abuser has:

- Physically abused you
- Threatened to physically abuse you
- Attempted to physically abuse you
- Sexually abused you

### Age

If you are 18 or older, you can obtain a protection order yourself without an adult's permission. If you are under 18, the law does not say who can file for you. It will be up to the individual courts and judges whether you can get a protection order without your parent's permission. Check with a local domestic violence organization to see how your local courts handle minors who want protection orders.

## How Do I Get a Protection Order?

If you qualify for a protection order, you can go to court to file for a temporary protection order. The judge can give the order that day and will schedule a full hearing within 30 days.<sup>3</sup> After the hearing, the judge can grant you a permanent protection order which lasts one year.<sup>4</sup>

## What Can I Ask for in a Protection Order?

You may ask the court for the following in a protection order:

- Abuser must stay away from you<sup>5</sup>
- Child custody (not to exceed 90 days)<sup>8</sup>
- Abuser must not contact, telephone, attack or threaten you<sup>6</sup>
- Any relief necessary to provide for the safety and welfare of victim and any family or household member<sup>9</sup>
- Temporary or exclusive use of residence<sup>7</sup>

## How Much Will It Cost?

It is free.<sup>10</sup>

You have the right to a safe and healthy relationship...  
free from violence and free from fear.

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<sup>1</sup> Neb. Rev. Stat. Ann. §42-903(3) (2006).

<sup>2</sup> *Id.* §42-903(1).

<sup>3</sup> *Id.* §42-925.

<sup>4</sup> *Id.* §42-924(3).

<sup>5</sup> *Id.* §42-924(1)(e).

<sup>6</sup> *Id.* §42-924(1)(a),(b), (c).

<sup>7</sup> *Id.* §42-924(1)(d).

<sup>8</sup> *Id.* §42-924(1)(f).

<sup>9</sup> *Id.* §42-924(1)(g).

<sup>10</sup> *Id.* §42-924.01.

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