End teen dating abuse

It starts with a conversation. Talk to someone today!
You are not alone

if you are a young person in an abusive relationship, talk with a peer advocate. Text "loveis" to 22522.
Be the change

if you think someone may need help, let them know you are there to support them no matter what.
You don't need to have all the answers if a someone tells you that they are being abused, start by saying "I believe you," then offer to go with them to get help.