



find
YOUR
voice



find
YOUR
SELF



find
YOUR
strength



find
YOUR
voice

10 Warning Signs of an Abusive Relationship

- Constant put-downs
- Extreme jealousy or insecurity
- Explosive temper
- Isolating you from family and friends
- Big mood swings
- Making false accusations
- Possessiveness
- Financial control
- Preventing you from doing what you want to do
- Telling you what to do

If you or someone you know is in an abusive relationship, there is help.

Your school can help. Contact your School-Based Advocate.



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