



Empowering Youth to End
Domestic Violence

Break the Cycle Fact Sheet

- ADDRESS:** 5777 W. Century Blvd., Suite 1150
Los Angeles, CA 90045
- PHONE / FAX:** 310.286.3383 / 310.286.3386
- WEBSITE:** www.breakthecycle.org, www.thesafespace.org
- KEY STAFF:** Marjorie Gilberg, Cristina Escobar
- MISSION:** Break the Cycle engages, educates and empowers youth to build lives and communities free from domestic and dating violence.
- THE ISSUE:** One in three teens will experience abuse in a dating relationship and two-thirds of them will never report it to anyone. Dating violence is not just dangerous, it is devastating to a young person's health and safety. Teens who experience abuse are more likely to abuse drugs, drop-out of school, engage in high-risk sexual behavior, act violently and even attempt suicide. Without the proper support and intervention, young victims find it extremely difficult to change abusive patterns as they become adults.
- PROGRAMS:** Break the Cycle offers programs that defy geographic bounds—ensuring that no young person is excluded from receiving the help, tools and information they need to live free from violence.
- Our education program teaches young people about the warning signs of abuse, healthy relationships and their legal rights and responsibilities.
- By encouraging youth activism, we spread life-saving information through peer groups and build leaders in the movement against dating violence.
- We advocate for more effective laws and policies to equip young people with the support they need to prevent, diagnose and escape unhealthy relationships.
- DEMOGRAPHICS:** Break the Cycle responds to violence with culturally appropriate services to diverse youth populations between the ages of 12-24. To date, our resources have reached more than one million youth nationwide.
- SUSTAINABILITY:** Break the Cycle is committed to building a reliable and diverse financial base. We solicit funding year-round from many sources including government agencies, foundations, corporations, community groups and individual donors. Our efforts ensure that Break the Cycle is able to fund each of our violence-ending programs and maintain long-term stability.

For further information, feel free to visit our website or email media@breakthecycle.org.