ABOUT BREAK THE CYCLE

Break the Cycle is the leading national nonprofit organization working exclusively on preventing teen dating abuse and promoting healthy relationships. We work with youth, educators, law enforcement, government officials and community leaders nationwide to prevent and end dating abuse by providing innovative activities in Youth Leadership & Engagement, Technical Assistance & Training and Policy & Legal Services.

Inspiring and Supporting young people to build healthy relationships and create a culture without abuse.
WHO WE SERVE:
Young People - Age 12 - 24
Parents
Teachers
School Administrators
First Responders
Health Care Professionals
Social Services Professionals
Lawyers
Judges
Court Personnel
DV Service Providers
Community Organizers

YOUTH LEADERSHIP AND ENGAGEMENT
• Healthy Relationships 101 Youth Presentations
• Youth Coalition
• Start Talking Curriculum - loveisrespect
• National Youth Advisory Board - loveisrespect
• Start Talking 101 Youth Presentations - loveisrespect
• TeenDVmonth February - loveisrespect
• Love Is Not Abuse Coalition (LINA) - adult engagement

TECHNICAL ASSISTANCE AND TRAINING
• Federal Grant Sponsored Technical Assistance
• Best Practices: Schools, Parents, Healthcare Providers
• Fee for Service Trainings
• Web-based Training and Support
• Entertainment Industry Consultancy
• Responses to Media Requests

POLICY AND LEGAL SERVICES
• Holistic Free Direct Legal Services in Washington, DC
• Know Your Rights Presentations for Young People
• LINA Policy Papers
• State Report Cards
• Technology and Dating Violence Laws Analysis
• Title IX, VAWA, FVPSA Federal Reauthorization Advocacy

Prevention, Awareness & Intervention: Dating Violence, Dating Abuse, Stalking, Sexual Assault
No More was conceived to amplify the power of the domestic violence and sexual assault movement using a unifying symbol to drive awareness and break down the barriers of stigma, silence and shame that keep people from talking about these issues and taking action to prevent them. Break the Cycle serves on the steering and executive committees of the organization.

Loveisrespect is a joint project of Break the Cycle and the National Domestic Violence Hotline (The Hotline). It was the first 24-hour resource for teens who were experiencing dating violence and abuse and is the only teen helpline serving all of the United States and its territories. We are proud to call loveisrespect the ultimate resource to engage, educate and empower youth to prevent and end abusive relationships.
In their quest to provide a realistic storyline, *Switched at Birth* consulted **Break the Cycle**, a nonprofit dedicated to providing abuse help for young people ages 12–24. After the Feb. 3 episode, *Switched at Birth* stars Vanessa Marano (whose character was raped) and Max Adler participated in a Twitter chat with **Break the Cycle**. After the Feb. 10 episode, Constance Marie, the victim, will participate in a Twitter chat with **Break the Cycle**.

Jasmine Ceja, the National Youth Organizer for Break the Cycle, said having the conversation about a television show and on social media is especially important because it “reaches young people where they are.”

**ABC Family’s ‘Switched at Birth’ Tackles Campus Rape**
Q: I need help, who can I call?
A: Loveisrespect.org provides 24 hour 7 day a week 365 day a year assistance. Call 1-866-331-9474, Text LOVEIS to 22522 or chat live at www.loveisrespect.org.

Q: Does Break the Cycle provide services in [insert State]?
A: Break the Cycle can provide Technical Assistance and Training as well as Youth Leadership in Engagement activities in every state. Policy work is provided on a case by case basis. Legal services are provided in the District of Columbia. Break the Cycle's growth plan includes providing Policy and Legal Services in the State of California and beyond.

Q: Can you direct me to an organization that works on specific sectors of the dating violence issue?
A: Break the Cycle's programs are inclusive of a lot of communities including but not limited to: LGBTQ, people of color, the Deaf community and youth with disabilities. We also have strong partnerships with other organizations across the country who service marginalized communities.

Q: How can I report responsibly about dating violence and survivors?
A: Break the Cycle has helpful guidelines for the media on our website under MEDIA.

Q: What are important facts to know about teen dating violence?
A: 1. 1 in 3 young people experience some form of dating violence
    2. 17% of Sex Ed Programs lower STI & pregnancy/80% were successful in doing the same when gender and power were discussed.

Q: How do I get more involved with the movement to end youth dating violence?
A: There are lots of ways to get involved. If you are a young person consider applying to be a member of the National Youth Advisory Board or Internships with Break the Cycle. If you are an adult join the LINA coalition or contact volunteer@breakthecycle.org.
Because Everyone Deserves A Healthy Relationship