DIY GUIDE

#TDVAM20

@breakthecycle
National Days of Action

February 3rd: Campus Announcement
February 7th: Real Talk Day
February 11th: Wear Orange Day
February 13th: School Policy Day
February 19th: Online Rally
February 24th-28th: Chalk About Love Week

Follow along #TDVAM20 #OutrageIntoAction

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(c) Break the Cycle, 2020
Congress declares February as National Teen Dating Violence Awareness Month

10+ YEARS OF AWARENESS

2010 2020 2030

How can we create real change in the next 10 years?

1. Shift the narrative around dating violence
2. Honor Youth Voices
3. Build Community
4. Address the intersections of violence

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OUTRAGE INTO ACTION

breakthecycle.org/teendvmouth

Education. Awareness. Change.

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February is Dating Violence Awareness Month & 2020 marks the 10th anniversary of efforts to end Dating Violence. Enough is enough! Everyone deserves healthy relationships. We can influence change in how we treat our partners and how we respond to acts of abuse. Let's Take ACTION and put an END to Dating Violence.

1. Share the message below over a PA system, podcast, video, or at the beginning of class.
2. Post the announcement around campus and online.
3. Organize a public gathering and reading on campus.
Host a Real Talk in your community:

1. Find a location.
2. Invite people to attend.
3. Document your event using #BTCRealTalk and #TDVAM20.
4. Poll youth around the REAL questions they have about relationships, abuse, love, etc.
5. Have the conversations that matter for youth by youth.

Download the Real Talk guide on www.breakthecycle.org/itstimetotalk

For the Outrage to Action Question Guide email mgarcia@breakthecycle.org

(c) Break the Cycle, 2020
Step 1: Wear #Orange4Love.
Step 2: Take a Pic.
Step 3: Post & Tag BTC.
Step 4: Repeat steps 1 - 3 with a friend!

#TDVAM20

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Use the following worksheet to assess your school’s current policies related to dating violence, sexual violence, and stalking.

The current status of your school/district policy is:

**No Policy:** Your school/district does not have a policy that addresses this issue at all.

**Needs Adaptation:** Your school/district has a policy on the issue that does not work well or needs to be changed. Your school has a policy on a similar issue (e.g., bullying or sexual harassment) that could be adapted to address dating violence, sexual violence, and stalking.

**Comprehensive Policy:** Your school/district has a policy that fully addresses dating violence, sexual violence, and stalking on this particular issue. No edits need to be made.
# TDVAM20 Policy Checklist

<table>
<thead>
<tr>
<th>CONFIDENTIALITY</th>
<th>Addresses: A specific need of survivors, VAWA compliance, Release of information, Record keeping requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>NO POLICY</td>
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<tr>
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<tr>
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<tr>
<th>MANDATED REPORTING</th>
<th>Addresses: Dating violence, sexual assault, and stalking. It explains the teacher, student, and parent/guardian involvement.</th>
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<tr>
<th>GRIEVANCE PROCEDURE</th>
<th>Addresses: Compliance with Title IX, process for initiating protections for students, and parent/guardian involvement.</th>
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# TDVAM20 Policy Checklist

**Disciplinary Procedure**

Addresses: Prohibition of dating violence, sexual assault, and stalking. Support for survivors, early intervention, and response that holds abusive students accountable.

- **NO POLICY**
- **NEEDS ADAPTATION**
- **COMPREHENSIVE POLICY**

**Training**

Addresses: Commitment to educating staff and students on dating violence, sexual assault, and stalking. School’s focus on prevention education, schedule of trainings.

- **NO POLICY**
- **NEEDS ADAPTATION**
- **COMPREHENSIVE POLICY**

**Definitions**

Addresses: Dating violence, sexual assault, stalking, and other related terms.

- **NO POLICY**
- **NEEDS ADAPTATION**
- **COMPREHENSIVE POLICY**

(c) Break the Cycle, 2020
Create a sign and join with a selfie or group pic tagging 
#OutrageToAction, @breakthecycle (Instagram), and @breakthecycleDV on Twitter.

"___ is outraged because 1 in 3 teens experience dating abuse. Enough is Enough. It's time for Action."
Chalk About Love Week
February 24th-28th

Don't just talk about it, chalk about it!

Chalk About Love is your opportunity to create an awareness event with a pop of color and art. One message of hope, even a temporary one, can mean the world to someone seeking support. Show your support for healthy relationships by participating in Chalk About Love, recruiting your friends, and posting online with #ChalkAboutLove and #TDVAM20

Download the full guide at www.breakthecycle.org/chalkaboutlove

(c) Break the Cycle, 2020
Break the Cycle leads initiatives with organizations and individuals far and wide to ensure that everyone has the tools to create healthy relationships.

Share your events, resources, and community efforts and join the movement to end relationship violence.

Questions/Media Inquires
info@breakthecycle.org