



DIY GUIDE

#TDVAM20

@breakthecycle

NATIONAL DAYS OF ACTION

FEBRUARY 3RD	CAMPUS ANNOUNCEMENT
FEBRUARY 7TH	REAL TALK DAY
FEBRUARY 11TH	WEAR ORANGE DAY
FEBRUARY 13TH	SCHOOL POLICY DAY
FEBRUARY 19TH	ONLINE RALLY
FEBRUARY 24TH-28TH	CHALK ABOUT LOVE WEEK

**FOLLOW
ALONG**

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10+
YEARS OF
AWARENESS

The infographic features a large teal circle at the top containing the text '10+ YEARS OF AWARENESS'. A vertical teal line connects this circle to a horizontal teal line. The horizontal line has three circular nodes: a light teal circle on the left containing '2010', a dark teal circle in the center containing '2020', and a light teal circle on the right containing '2030'. Below the 2010 node is a text block. Below the 2020 node is a vertical text block. Below the 2030 node is a text block with a numbered list.

2010

Congress declares
February as National
Teen Dating Violence
Awareness Month

2020

OUTRAGE INTO ACTION!

**How can we create real
change in the next 10 years?**

1. Shift the narrative
around dating violence
2. Honor Youth Voices
3. Build Community
4. Address the intersections
of violence

(c) Break the Cycle, 2020



EDUCATION. AWARENESS. CHANGE.

Break the Cycle

TEEN DV MONTH



**NATIONAL CAMPUS
ANNOUNCEMENT**
February 3rd

1. Share the message below over a PA system, podcast, video, or at the beginning of class.
2. Post the announcement around campus and online.
3. Organize a public gathering and reading on campus.

February is Dating Violence Awareness Month & 2020 marks the 10th anniversary of efforts to end Dating Violence. Enough is enough! Everyone deserves healthy relationships. We can influence change in how we treat our partners and how we respond to acts of abuse. Let's Take ACTION and put an END to Dating Violence.



Host a Real Talk in your community:

- 1. Find a location.**
- 2. Invite people to attend.**
- 3. Document your event using #BTCRealTalk and #TDVAM20.**
- 4. Poll youth around the REAL questions they have about relationships, abuse, love, etc.**
- 5. Have the conversations that matter for youth by youth.**

**Download the Real Talk guide on
www.breakthecycle.org/itstimetotalk**

**For the Outrage to Action Question Guide
email mgarcia@breakthecycle.org**



WEAR ORANGE DAY
February 11th

Step 1: Wear **#Orange4Love**.

Step 2: Take a Pic.

Step 3: Post & Tag BTC.

Step 4: Repeat steps 1 -3 with a friend!

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SCHOOL POLICY DAY

February 13th

Use the following worksheet to assess your school's current policies related to dating violence, sexual violence, and stalking.

The current status of your school/district policy is:

No Policy: Your school/district does not have a policy that addresses this issue at all.

Needs Adaptation: Your school/district has a policy on the issue that does not work well or needs to be changed. Your school has a policy on a similar issue (e.g., bullying or sexual harassment) that could be adapted to address dating violence, sexual violence, and stalking.

Comprehensive Policy: Your school/district has a policy that fully addresses dating violence, sexual violence, and stalking on this particular issue. No edits need to be made.



#TDVAM20 Policy Checklist

CONFIDENTIALITY

Addresses: A specific need of survivors, VAWA compliance, Release of information, Record keeping requirements

- NO POLICY**
- NEEDS ADAPTATION**
- COMPREHENSIVE POLICY**

MANDATED REPORTING

Addresses: Dating violence, sexual assault, and stalking. It explains the teacher, student, and parent/guardian involvement.

- NO POLICY**
- NEEDS ADAPTATION**
- COMPREHENSIVE POLICY**

GRIEVANCE PROCEDURE

Addresses: Compliance with Title IX, process for initiating protections for students, and parent/guardian involvement.

- NO POLICY**
- NEEDS ADAPTATION**
- COMPREHENSIVE POLICY**



#TDVAM20 Policy Checklist

DISCIPLINARY PROCEDURE

Addresses: Prohibition of dating violence, sexual assault, and stalking. Support for survivors, early intervention, and response that holds abusive students accountable.

- NO POLICY**
- NEEDS ADAPTATION**
- COMPREHENSIVE POLICY**

TRAINING

Addresses: Commitment to educating staff and students on dating violence, sexual assault, and stalking. School's focus on prevention education, schedule of trainings.

- NO POLICY**
- NEEDS ADAPTATION**
- COMPREHENSIVE POLICY**

DEFINITIONS

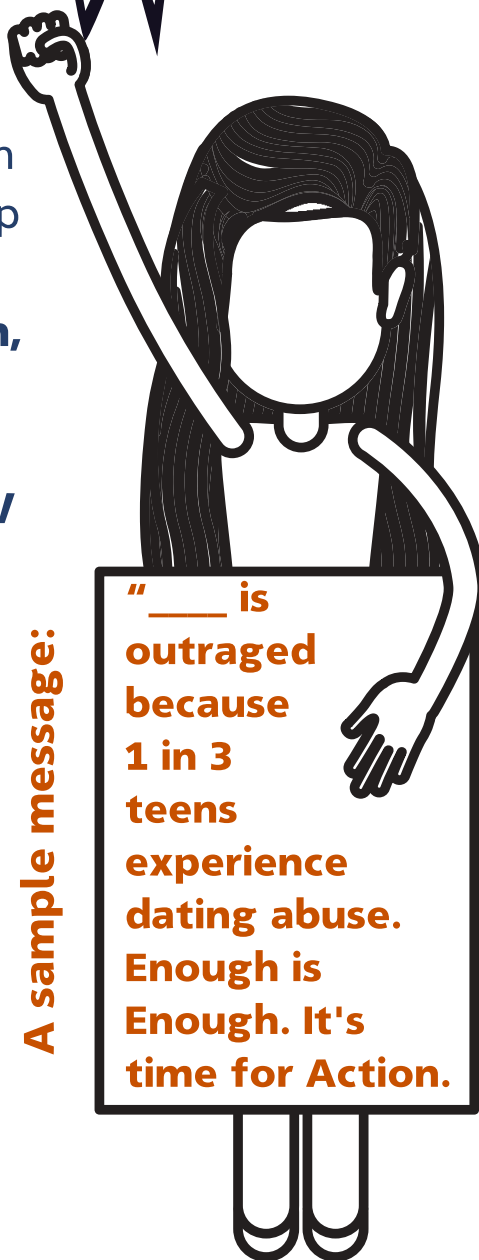
Addresses: Dating violence, sexual assault, stalking, and other related terms.

- NO POLICY**
- NEEDS ADAPTATION**
- COMPREHENSIVE POLICY**

ONLINE RALLY

February 19th

Create a sign and join with a selfie or group pic tagging **#OutrageToAction**, **@breakthecycle** (Instagram), and **@breakthecycleDV** on Twitter.



A sample message:

" ___ is
outraged
because
1 in 3
teens
experience
dating abuse.
Enough is
Enough. It's
time for Action.

CHALK ABOUT LOVE WEEK

February 24th-28th

**Don't just talk about it,
chalk about it!**



Chalk About Love is your opportunity to create an awareness event with a pop of color and art. One message of hope, even a temporary one, can mean the world to someone seeking support. Show your support for healthy relationships by participating in Chalk About Love, recruiting your friends, and posting online with **#ChalkAboutLove** and **#TDVAM20**

Download the full guide at
www.breakthecycle.org/chalkaboutlove



Break the Cycle leads initiatives with organizations and individuals far and wide to ensure that everyone has the tools to create healthy relationships.

Share your events, resources, and community efforts and join the movement to end relationship violence.

Questions/Media Inquires
info@breakthecycle.org